



OFFICE OF THE MEDICAL DIRECTOR
LOK NAYAK HOSPITAL: NEW DELHI-110002
(DIETARY DEPT.)

F/42/MK/Awareness Prog./LNH/2023

3252 to 3259

Date: 30/8/23

CIRCULAR

Subject – Public Awareness programme for "National Nutrition Month" from 1st September 2023 to 30th September 2023.

National Nutrition Month is observed in the Month of September every year.

The theme of this year i.e., 2023 is "Fuel for the future".

Dietary/MK department LNH is holding the programme as below :-

S.No	Date	Time	Programme	Presented by	Venue
1.	5.9.23 (TUESDAY)	11:30 am to 12:30pm	<ul style="list-style-type: none">Display of posters/chart and interactive sessions followed by questions and answers with the focus on how to make healthy choices to maintain health throughout the life.	Ms. Monika Asth Dietician	Medicine OPD (third floor OPD Block LNH)
2.	12.9.23 (TUESDAY)	11:30 am to 1 pm	<ul style="list-style-type: none">Display of posters/chartsImparting nutritional education to mothers about low cost nutritious snacks in Pediatric OPD.	Ms. Priyanka Asth Dietician	Pediatric OPD (5 th floor OPD Block LNH)
3.	19.9.23 (TUESDAY)	11:30 am to 12:30 pm	<ul style="list-style-type: none">Display of posters/chartsInteractive session on how to maintain and enrich health of pregnant and lactating women followed by question and answer.	Ms. Jaya Johri Asth Dietician	Gynae OPD (2 nd floor OPD Block LNH)

This issues with prior approval of Medical Director, LNH.

[Signature]
30/8/23
MOI/C, Dietary/MK, LNH
Medical Officer Incharge
Dietary/Main Kitchen Deptt.
Lok Nayak Hospital
New Delhi-110002

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